



# Educational Solutions

PRIMARY AND SECONDARY SCHOOLS OFFERS FOR 2021-22





Matt Price - Founder

## Powering Schools

The need for togetherness and support has never been more apparent than it is today. Schools and their learners, perhaps more than most, have seen the devastating impact of COVID-19 and are beginning to re-evaluate the meaning of 'community' and how they are able to connect, and in some cases re-connect, with their local areas and people.

Schools, regardless of size and status, play a huge role in the support of their communities. By developing sporting, wellbeing and community programmes, schools help to increase people's exposure to physically active lifestyles. This in turn helps to support the full range of the physical and mental health benefits we know to be so closely aligned to physical activity.

Our objective is to make a difference in support of our communities. In partnership with schools, we want to give pupils access to sporting opportunities both now and in the future.

As well as operating successfully within a challenging and changing sporting arena, we aim to enhance the experience of all our stakeholders including families, communities, partners, staff, and others. We know only too well how with the right levels of collaboration and support; schools can extend their reach and reap the associated benefits of being an integral part of a thriving community.

At Community Group, we aim to play an important role in improving and engaging lives through the introduction of regular sport and physical activity. We appreciate that schools can face barriers at times and it's not always easy to see the right step forward. At Community Group, we help schools take those steps forward the right way, helping to build a sustainable future for all.



# Your Partner Club

The Fylde Rugby Community Foundation is a charitable organisation with our objective being to improve access to rugby union in the Fylde, Wyre and Blackpool areas. The Foundation offers community pathways for participation and appreciation of the sport - regardless of age, sex, religion or background - built around the Rugby Football Union's core values of Teamwork, Respect, Enjoyment, Discipline, and Sportsmanship. In particular, our focus is on supporting and working with some of the many vulnerable young people who live in the more deprived areas within our local community, as well as children and young adults with Special Educational Needs, disabled people and the older generation in supporting social activity.



**Head of Community:** Phill Mills

**Email:** [community@fylderugbyfoundation.com](mailto:community@fylderugbyfoundation.com)

**Address:** Fylde Rugby Club, Woodlands Memorial Ground, Blackpool Rd, Lytham St Annes, FY8 4EL

**Community Group Partner since:** 2018

**Schools engaged with:** 19





## Supporting Solutions

### Clubs

- Breakfast, lunch, and after-school
- Giving learners the best opportunity to experience a healthy, positive and constructive day
- Healthy food provision
- Contributing towards 60 minutes of daily exercise

For more information > [click here](#)

### Schools Coaching

- Curriculum coaching and delivery
- For aspiring or experienced departments and schools
- Rugby union and multi-sport activities, focussing on promoting functional movement skills
- All delivery underpinned by the Rugby Football Union's core values - Teamwork, Respect, Enjoyment, Discipline, Sportsmanship

For more information > [click here](#)

### Rugby Reading Champions

- Working with the National Literacy Trust (NLT) in delivering a literacy intervention programme developed by the charity
- Supporting pupils to improve their skill, attitude and behaviour towards reading
- 60-minute lessons supporting pupils' comprehension skills, followed by 60 minutes of games
- Coaches are trained by the NLT to deliver activities and act as mentors to the children

For more information > [click here](#)

### Primary School Sports Activities

- Sports activity days organised for the school
- For all ages and abilities
- Festivals and events in partnership with other local and regional schools
- Planning and logistics made easy

For more information > [click here](#)



## Camps At Schools

- Experienced camp providers
- Both private camps for pupils and for the wider community
- Schools host, but we take care of the planning and delivery
- Revenue share

For more information > [click here](#)

## Rugby Teams Support & Coaching

- Experienced and qualified rugby coaches/match officials
- Providing meaningful and positive training as well as matchday experiences
- Specialist support
- Ability to create additional playing opportunities with other partner schools

For more information > [click here](#)

## SEN/PRU

- Experienced SEN/PRU and APS deliverers
- Both one-to-one mentoring and group engagement sessions
- Behavioural intervention
- Relationship building linked to physical activity

For more information > [click here](#)

# Solutional Benefits

## ✓ Improved Attendance

Several of our current school partners have reported improved numbers of attendance after engagement with our programmes. We support learners both physically and holistically, allowing for staff to coach the learner and not just the player. This gives the pupil a greater chance to flourish in areas such as confidence, resilience, and character.

## ✓ 60-Minute Daily Exercise

We fully endorse and support the School Sport and Activity Action Plan's recommendation of 60 minutes of physical activity a day. We believe in offering our learners a multitude of activities to help them achieve this goal, while letting them explore their interests in a variety of multi-sports. This concurrently aids their development in a more rounded manner.

## ✓ Behavioural Change

The Rugby Football Union's core values are at the heart of our content and delivery. Focussing on the values of Teamwork, Respect, Enjoyment, Discipline, and Sportsmanship allows us to support learners through personal challenges. Our schemes of work place the learner at the centre of what we do, while incorporating their individual needs.

## ✓ Coaching Support and Education

For our communities to become self-sufficient and autonomous in leading healthy lifestyles, we recognise our role in educating and upskilling those we work with. We want to ensure that support networks such as staff and parents are offered opportunities to engage too, both practically and theoretically, thus becoming ambassadors for healthy living.

## ✓ Healthy Lifestyles

Supporting communities in engaging with, and then continuing healthy lifestyles, is of the utmost importance to us. We are aware that a healthy lifestyle is not just about keeping active, but it is understanding and delivering on the importance of other areas such as mental health, nutrition, and socio-economic constraints.



For more information please contact your community partner club : [community@fylderugbyfoundation.com](mailto:community@fylderugbyfoundation.com)

[info@community-group.co.uk](mailto:info@community-group.co.uk) | [www.community-group.co.uk](http://www.community-group.co.uk)

