



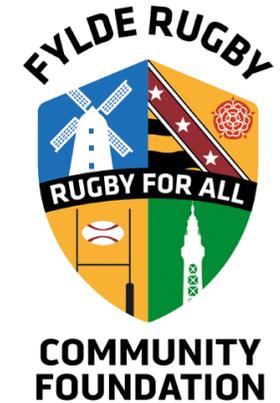
# Educational Solutions

PROGRAMMES FOR SCHOOLS 2022/23



# Your Partner Club

The Fylde Rugby Community Foundation is a charitable organisation with our objective being to improve access to rugby union in the Fylde, Wyre and Blackpool areas. The Foundation offers community pathways for participation and appreciation of the sport - regardless of age, sex, religion or background - built around the Rugby Football Union's core values of Teamwork, Respect, Enjoyment, Discipline, and Sportsmanship. In particular, our focus is on supporting and working with some of the many vulnerable young people who live in the more deprived areas within our local community, as well as children and young adults with Special Educational Needs, disabled people and the older generation in supporting social activity.



**Head of Community:** Phill Mills

**Tel:** 07534321418

**Email:** [community@fylderugbyfoundation.com](mailto:community@fylderugbyfoundation.com)

**Address:** Fylde Rugby Club, Woodlands Memorial Ground, Blackpool Rd, Lytham St Annes, FY8 4EL

**Community Group Partner since:** 2018

**Schools engaged with:** 56



## What Our Partners Say About Us



A few months before Sam started at wheelchair rugby a questionnaire had been sent home from his high school regarding his thoughts on PE. Sam's answers were consistent, he wanted to be able to join in and he wanted to be part of a team, and that is what wheelchair rugby has been able to offer Sam. Not only is this helping his physical fitness, but it's also certainly helping his mental health. His confidence is constantly improving, and he loves being part of this amazing team. We would recommend this club to everyone, it really is fantastic.

**Ms Z. Nelson**  
**Parent**



The Rugby Reading Champions sessions have been fantastic! The pupils have been really engaged and the way the coaches deliver the sessions have made them inclusive and engaging for all the pupils involved.

**Staff member**  
**Moor Park Primary School**



Sam and his fellow coaches have delivered a variety of engaging and exciting lunch, curriculum and after school sessions, encouraging children of all ages to participate. The children have really benefited from the coaches' enthusiastic and inclusive approach. At all times, they embody and promote the traditional rugby ideals of fair play, good sportsmanship and teamwork. They are skilled at listening to children and managing behaviour and are well aware of their safeguarding responsibilities.

**Mr Finch**  
**Headteacher, Mappleborough Green Primary School**





## Supporting Solutions

### Clubs

- Breakfast, lunch, and after-school
- Giving learners the best opportunity to experience a healthy, positive and constructive day
- Healthy food provision
- Contributing towards 60 minutes of daily exercise

For more information > [click here](#)

### Literacy and Numeracy Support

- Supporting pupils to improve their skill, attitude and behaviour towards literacy and numeracy
- Lesson plans and frameworks to suit a wide range of abilities
- Combining the classroom with the sports field to achieve greater results
- Enhance wider goal planning and areas for further support

For more information > [click here](#)

### Mentoring

- One-to-one or in small groups
- Empowered personal development
- Supporting wider development plans
- Bespoke learning experience

For more information > [click here](#)

### Staff CPD

- Learn new skills
- Working to make schools autonomous in delivery
- Increase confidence and competence of staff
- Staff recognition and reward

For more information > [click here](#)



## Coaching and Team Support

- Curriculum coaching and delivery
- Promoting functional movement skills in all activities
- All delivery underpinned by the RFU's core values
- Experienced and qualified rugby coaches/match officials, providing meaningful and positive training as well as matchday experiences

For more information > [click here](#)

## Event Planning and Logistics

- Sports activity days organised for the school
- For all ages and abilities
- Festivals and events in partnership with other local and regional schools
- Planning and logistics made easy

For more information > [click here](#)

## School Sport Camps

- Experienced camp providers
- Both private camps for pupils and for the wider community
- Schools host, but we take care of the planning and delivery
- Revenue share

For more information > [click here](#)

## SEN/PRU

- Experienced SEN/PRU and APS deliverers
- Both one-to-one mentoring and group engagement sessions
- Behavioural intervention
- Relationship building linked to physical activity

For more information > [click here](#)

# Solutional Benefits

## Improved Attendance

We have seen improved numbers of attendance in many schools after engagement with our programmes. We support learners physically and holistically, coaching the person and not just the player. This gives the pupil a greater chance to flourish in areas such as confidence, resilience, and character.

## Behavioural Change

The Rugby Football Union's core values are at the heart of our content and delivery. Focussing on the values of Teamwork, Respect, Enjoyment, Discipline, and Sportsmanship allows us to support learners through personal challenges. Our schemes of work are learner centred and incorporate their individual needs.

## Healthy Lifestyles

Supporting communities in engaging with, and then continuing healthy lifestyles, is of the utmost importance to us. We're aware that a healthy lifestyle is more than just keeping active and is understanding and delivering on the importance of other areas such as mental health, nutrition, and socio-economic constraints.

## 60-Minute Daily Exercise

We fully endorse and support the School Sport and Activity Action Plan's recommendation of 60 minutes of physical activity a day. We offer a range of activities to help learners achieve this goal, allowing them to explore their interests in a variety of sports. This also aids their development in a more rounded manner.

## Coaching Support and Education

For our communities to become self-sufficient and autonomous in leading healthy lifestyles, we recognise our role in educating and upskilling those we work with. We want to ensure that support networks are offered opportunities to engage practically and theoretically, thus becoming ambassadors for healthy living.

## Positive Role Models

Our staff do not just deliver, but 'role model' positive behaviours and values. Rugby is a sport for all, and our inclusive approach to engagement ensures every child has the opportunity and support to get involved, develop and achieve.



## Supporting Our Schools

Community Group specialise in aiding the enrichment, well-being and health of our communities through wide-ranging and exceptional opportunities.

Our objective is to make a difference and in partnership with schools, we are giving pupils access to opportunities both in the classroom and on the sports field through our Educational Solutions. Our Programmes For Schools 2022/23 are varied and diverse, aimed at benefiting all students, no matter their background.

In developing sporting, wellbeing and community programmes for all, education providers help to increase the opportunities available to their students, in turn helping to support the full range of benefits we know to be so closely aligned to physical activity.

We appreciate that schools can face barriers at times and it's not always easy to see the right step forward. At Community Group, we help schools take those steps, helping to build a sustainable, healthy and active future for all.





For more information please contact your Head of Community, Phill Mills, at  
[community@fylderugbyfoundation.com](mailto:community@fylderugbyfoundation.com) / 07534321418



POWERED BY  **Community  
Group**

